



Samantha Powers

CLINIC

Samantha Powers is a 30-year-old female who has come to the Family Medicine clinic to see Dr. Lambert for her annual health maintenance visit. She is also seeking advice regarding contraception.

You look at Samantha Powers' chart to prepare for the visit:

MEDICATIONS

- Excedrin Migraine or ibuprofen PRN headache
- Midol PRN menstrual cramps

ALLERGIES


- NKDA

PAST MEDICAL HISTORY

- Migraine headaches since her late teens.



STANDARDIZED PRECEPTOR ORIENTATION

Tap here or use your
Camera app  to scan
this QR code.



GYNECOLOGIC HISTORY

- Menorrhagia for 6 months; pelvic ultrasound (2/8/24) revealed one 1.4 cm diameter intramural leiomyoma.
- All prior pap smears are negative for intraepithelial lesion or malignancy.
- GoPo.

PREVENTIVE MEDICINE

- Up to date on all vaccinations.
- No history of HPV vaccine.

HABITS

- Cigarette smoker: ½ pack per day × 10 years, occasional alcohol consumption, ~2–3 times per month depending on how often she goes out with friends; denies THC or other drug use.

FAMILY HISTORY

- Father has hypertension.
- Mother has migraine headaches.

SOCIAL HISTORY

- Samantha is divorced and currently in a monogamous relationship.
- She works as a housecleaner and lives alone in a one-bedroom apartment that she rents monthly.
- She identifies as a white, cis-gender, heterosexual female.
- She has former military service (served 5 years in the National Guard).
- She separated a few years ago and at this time has private insurance.