

Activity 1a:

Understand the Choice

In the left column, write “T” for statements you think are True and “F” for statements you think are False. If you don’t know, take a guess. At the end of class, you’ll do the same on the right.

Start of Session	True/False Statement	End of Session
	1. The “cloud” from an e-cigarette is water vapor.	
	2. Some e-cigarettes are safe.	
	3. Most e-cigarettes contain nicotine, the addictive chemical found in other tobacco products.	
	4. You have to be at least 18 years old to buy or use tobacco products.	
	5. Nicotine harms healthy growth and development of the brain.	
	6. Fruit, mint and candy flavored e-cigarettes are less dangerous than tobacco flavored e-cigarettes.	
	7. You can't get addicted to nicotine unless you use it every day.	

END OF CLASS ACTIVITY:

Consider what you thought about vaping before you came into class and what you think now. Have your thoughts and opinions changed?

If so, what changed your mind about vaping and what do you think now? If your opinions about vaping stayed the same, what information supported your beliefs?