

HEALTHY RELATIONSHIPS – CONSENT
Station Discussion Sheets

The discussion sheets are provided to help guide conversations with the students. Feel free to let the students guide the conversations as well.

STATION 4 – OPTIONAL LARGE GROUP ACTIVITY

Identify one question for the group to answer based on the activities and interactions that occurred during the day.

The mentor starts off with the question and tosses the ball to someone in the group. The student (or mentor) can answer the question and then toss the ball to another person.

Example questions:

- What did you learn today?
- What was your favorite part of today?
- What will you take away from today?

The goal of the question is to get students talking about the activities from the day, so feel free to make up another question.

HEALTHY RELATIONSHIPS – CONSENT
Station Outline and Supplies

STATION 4 – OPTIONAL LARGE GROUP ACTIVITY

Supplies to bring:

- Ball to toss back and forth between students
- Discussion sheet to facilitate with content delivery.

Space/supplies needed at site:

- A space large enough for the entire group to stand in a circle and toss a ball back and forth between them.

Set up:

- Make sure there is a space large enough for students to stand in a circle facing each other.
- Ensure there are no obstacles in the area where students will be standing.

Interaction with the students:

- Have the entire group come together in a large circle. Make sure there is enough space to toss a ball between them.
- The mentor will start the activity by asking a question and then pass the ball to one of the students.
- Once the student has answered the question, they can toss the ball to another student of their choosing. Students are able to choose not to answer the question...it's all about consent!
- The mentor starts the activity with asking a general question, "What will you take away from today?" "What did you learn today?"