

HEALTHY RELATIONSHIPS – CONSENT
Station Outline and Supplies

STATION 2 – CONSENT VIDEO/STOP AND GO PHYSICAL CUES

Supplies to bring:

- iPad with internet access to be able to view a video online.
- Video for the station: <http://www.teachconsent.org/#ask>
- Large Post It pads (2)
- Easels (2)
- Markers
- Discussion sheet to facilitate with content delivery.

Space/supplies needed at site:

- Appropriate space to view a video and discuss as a group.

Set up:

- Set up a location where students can view the video as a small group and then participate in a discussion.
- Connect the iPad to the internet.
- Have the video available on the iPad prior to students arriving at the station.
- Set up 2 easels where the group will be sitting. They can be placed at any location that is easily accessible to the students.
- Put a large Post It pad on each easel.
- Write “STOP” on one of the pads and “GO” on the other pad.
- Place markers near the easels for the students to write on the Post It pads.

Interaction with the students:

- Have students sit together as a group. Provide a quick introduction to the video, discussion sheet can provide ideas for introducing the video.
- Watch the video as a group.
- Utilize the discussion sheet to facilitate a conversation about what aspects of consent they saw in the video.
- After discussing the video, shift the discussion to physical cues that do and do not indicate consent.
- Students can take turns writing on the pads what physical cues they see that indicate a person is or is not giving their consent.
- Utilize the discussion sheet provided to direct the conversation.

HEALTHY RELATIONSHIPS – CONSENT
Station Discussion Sheets

The discussion sheets are provided to help guide conversations with the students. Feel free to let the students guide the conversations as well.

STATION 2 – CONSENT VIDEO/STOP AND GO PHYSICAL CUES

After viewing the video (<http://www.teachconsent.org/#ask>)

- When did you see consent being given in the video?
- How did the individuals in the video react when consent was not given?

Verbal cues

- Only 30% of our communication is verbal...the remaining 70% is everything else!
- Sometimes a person's behaviors can also indicate if they are or are not giving consent.
- What behaviors indicate someone is giving consent? Have students write their responses on the "GO" sheet of paper.
- What behaviors indicate someone is NOT giving consent? Have the students write their responses on the "STOP" sheet of paper.

What do you do if you are unsure consent is being given?

- What do you do if you aren't sure a person is giving their consent?
- What do you do when behaviors (physical) cues don't match the verbal cues?